

Pruning technique

Task Description:

The worker has to prune a variety of low and high trees and bushes in several gardens. To do this, he has several tools he can use and a ladder. He decides his own pace and organisation of work during the day. During the use of pruning tools (clipper, shear, ...) often awkward hand postures occur and a lot of force has to be given.



Comments from the employee/employer:

- ❑ 'It is complicated to obtain a correct hand/wrist posture'
- ❑ 'There are so many different tools, too many ...'.

MSD risks:

- ❑ Uncomfortable postures of hand/wrist

Exposed areas:

- ❑ Hand/wrist

Solutions:

- ❑ Good tool and good working technique



Good tool with extra force from other hand

Comments from the employee/employer

The investment in a good tool is worth it since it can be used both for smaller and somewhat larger branches. Use your other hand to give extra force so a better posture of the hand with tool is possible.